

# Health & FITNESS WEEK



Brooklyn Chamber of Commerce



**November 15-22**

**Take advantage of these great deals from our participating gyms.**

**Just mention BK Fit!**

**Amerikick Park Slope**

529 5th Avenue, 2nd Floor

Unlimited classes for the program of your choice for \$15 (children's or adult karate, adult muay thai, or ladies only kickboxing)

**Bad Ass Academy**

238 Bay Ridge Ave

Five free classes

**Baobab Fit and Nutritious**

Brooklyn, NY

10% off one month fee

**Beastanetics**

Track at McCarren Park

First class free

**Bikram Yoga Park Slope**

1120 Washington Avenue, 2nd Floor

\$20 week-long intro. special

**BODIESYNERGY Fitness**

15th Street entrance to Prospect Park,

Bartel Pritchard Square

\$10 group fitness class

**Brooklyn Boulders**

575 Degraw Street

Waived Membership Activation Fee

**Brooklyn Health and Performance**

204 25th Street

10% off first month

**Brooklyn Sports Club**

1540 Van Sicten Avenue

50% off set-up fee

**Brooklyn Strength**

195 Pacific Street

10% off a 5 class pack.

Use code "lovebrooklyn"

**BYKlyn**

258 Flatbush Avenue

Two classes for \$20

**CKO Kickboxing Carroll Gardens**

562 Court Street

Three class pass

**CKO Kickboxing Park Slope**

102 Flatbush Avenue

Three class pass

**COMMONBODY Studio**

2 St. Nicholas Avenue

Three classes for \$20

**Court 16**

526 Baltic Street

16% discount on membership

**CrossFit Floyd Bennett Field**

3159 Flatbush Avenue

Aviator Sports and Events

**Dancewave**

45 Fourth Avenue

Purchase one adult class, get one free

**En Avant Fitness**

67 Brighton 1st Lane

\$10 per class

**Everyday Athlete**

130 Clinton Street

One free class

**Fit 4 Dance**

1195 Bedford Ave

One free class. Enter promo code:

F4DLove to redeem free class!

**Get Women Cycling**

Brooklyn, NY

45 minute introduction session

**Greenpoint YMCA**

99 Meserole Avenue

Free one week trial

**GYMGUYZ**

Brooklyn, NY

Free One Hour Assessment + 10% off any package

**Henry Street Pilates and TRX**

385 Henry Street

Free beginner class

**HIIT BK**

264 Flatbush Avenue

Two free classes (\$60 value).

Use code GET HIIT

**H.I.T Factory**

7914 3rd Avenue

One free week

**Hosh Yoga**

55 Nassau Avenue, 1C

One free class

**The Living Room Brooklyn**

336 Grand Street

One free class

**Locale Village Shop & Yoga**

410 Marcus Garvey Blvd, Store 1

15% off first month of any monthly package

**Mark Morris Dance Center**

3 Lafayette Avenue

One free class

**Maximum 28**

107 S 6th Street

Two free classes.

**New Body Elite Transformation**

552 Union Street

\$100 off for new members

**New York Sports Club - 86th Street**

439 86th Street

Free three day pass

**Park Slope Yoga Center**

837 Union Street, 2nd Floor

30 days of Classes for \$45

**Pongo Power**

350 Flatbush Avenue

One Free Fitness Assessment and 15% off your first personal training package

**Prospect Gymnastics**

1023 Church Avenue

5% off all classes, parties or other programs.

Use coupon code "chamberofcommerce"

**Retro Fitness Church Avenue**

2244 Church Avenue

\$0 Enrollment + First Month Free. Pay \$19.99 processing then as low as \$19.99 per month.

**Retro Fitness Williamsburg**

203 Berry Street

\$0 Enrollment + First Month Free. Pay \$19.99 processing then as low as \$19.99 per month.

**Rise Brooklyn Fitness**

529 5th Avenue

2nd Floor at Amerikick

1 week unlimited classes for \$15

**RJ Fitness**

14 Columbia Place

3 personal training sessions for \$100

**Traditional Tribal Fitness**

McCarren Park

One free trial; 10% off

monthly package

**Triumph Fitness, Health & Wellness**

10 Whitwell Place

Buy a Class/Bring a friend FREE or Buy A Class, get a second class FREE

**Verboten**

54 North 11th Street

10% off 10 class package

**Yoga Pole Studio**

43 Schermerhorn, 2nd Floor

Seven-day, unlimited membership for \$65

